

## PUBLICATIONS

1. Saeed SA, Lluberes N, Buwalda VJA (2021). Applications of Technology. In Sowers WE and Ranz JM (Editors) Seeking Value: Balancing Cost and Quality in Psychiatric Care. Chapter 10, pp 245-273.
2. Kothadia RJ, Jones K, Saeed SA, Torres MJ, (2020). The Impact of NC-Statewide Telepsychiatry Program (NC-STeP) on Patients' Dispositions from Emergency Departments. *Psychiatric Services*. Online in Advance of print, October 2020.
3. Esterwood E, Saeed SA. (2020). Past Epidemics, Natural Disasters, COVID19, and Mental Health: Learning from History as we Deal with the Present and Prepare for the Future. *Psychiatric Q*. 2020 August. DOI 10.1007/s11126-020-09808-4. Online First.
4. Saeed SA (2020). North Carolina Statewide Telepsychiatry Program (NC-STeP): Using telepsychiatry to improve access to evidence-based care. *European Psychiatry*, Volume 33, Issue S1: Abstracts of the 24th European Congress of Psychiatry, Cambridge University Press: 23 March 2020, pp. S66. DOI: <https://doi.org/10.1016/j.eurpsy.2016.01.968>.
5. Saeed, SA. (2018). Successfully Navigating Multiple Electronic Health Records When Using Telepsychiatry: The NC-STeP Experience. *Psychiatr Serv*. 2018 Sep 1;69(9):948-951. doi: 10.1176/appi.ps.201700406. [Epub 2018 May 15].
6. Saeed SA (2018). Tower of Babel Problem in Telehealth: Addressing the Health Information Exchange Needs of the North Carolina Statewide Telepsychiatry Program (NC-STeP). *Psychiatric Q*. 2018 Jun;89 (2):489-495.
7. Saeed SA, Irene P. (2018). Using Telehealth to Enhance Access to Evidence-Based Care. *Psychiatric Times*: June 2018, Vol. 35 No. 6, pp. 9-11, 22.
8. Saeed, S.A., Silver, S., Buwalda, V.J.A. et al. (2017). Psychiatric Management, Administration, and Leadership: a Continuum or Distinct Concepts? *Psychiatric Q*. 2018 Jun;89(2):315-328. <https://doi.org/10.1007/s11126-017-9536-5>.
9. Saeed SA, Johnson TL, Bagga M, Glass O. (2017). Training Residents in the Use of Telepsychiatry: Review of the Literature and a Proposed Elective. *Psychiatric Q*. Volume 88. No.2. June. pp. 271-283.
10. Saeed SA, Anand V. (2015). Use of Telepsychiatry in Psychodynamic Psychiatry. *Psychodynamic Psychiatry*: Vol.43, No.4, pp.569-583.
11. Saeed SA. (2015). Current Challenges and Opportunities in Psychiatric Administration and Leadership. *Psychiatric Quarterly*. Volume 86, Issue 3, September: pp 297-300.
12. Saeed SA, Bloch RM, Silver S. (2015). Role of Leadership in Narrowing the Gap between Science and Practice: Improving Treatment Outcomes at the Systems Level. *Psychiatric Quarterly*. Volume 86, Issue 3, September 2015: pp 311-323.
13. Moffic HS, Saeed SA, Silver S, Koh S. (2015). Ethical Challenges in Psychiatric Administration and Leadership. *Psychiatric Quarterly*. Volume 86, Issue 3, September 2015: pp 343-354.

14. Mohyuddin F, Mathai AJ, Weinberg P, Saeed SA. (2015). Career Paths and Trends: How Does One Become a Leader in Psychiatric Administration? Implications for Residency Training. *Psychiatric Quarterly*. Vol. 86, Issue 3, Sep 2015: pp 325-335.
15. Merlino JP, Saeed SA, Silver S, Petit JR, Moffic S, Lucey J, Moyhuddin F. (2015). Current Perspectives on Psychiatric Administration and Leadership. *Journal of Psychiatric Administration and Leadership (JPAM)*: Vol. 3, Number 1, pp 1-19.
16. Saeed SA. (2015). Telebehavioral Health: Clinical Applications, Benefits, Technology Needs, and Setup. *North Carolina Medical Journal*: Vol. 76, Number 1, pp 25-26.
17. Saeed SA, [Bloch RM](#), Diamond J. (2012). Telepsychiatry: Overcoming barriers to implementation. *Current Psychiatry*: Vol. 11, Number 12, pp 28-31.
18. Saeed SA. Is Your Signal-to-Noise Ratio Improving? Keeping Up Amidst Information that Keeps on Coming. (2012). *Psychiatric Times*: May 2012 pp 15-16
19. Saeed SA, Diamond J, [Bloch RM](#). (2011) Use of telepsychiatry to improve care for people with mental illness in rural North Carolina. *North Carolina Medical Journal*: Vol. 72, Number 3, pp 219-222.
20. Saeed, SA (2008). Medicare Improvement for Patients and Providers Act, 2008. *Psychiatrist Administrator*: Vol. 8, Number 2, pp 31-32.
21. Antonacci DJ, Bloch RM, Saeed, SA, Yildirim Y, Talley J. (2008). Empirical Evidence on the Use and Effectiveness of Telepsychiatry via Videoconferencing: Implications for Forensic and Correctional Psychiatry. *Behavioral Sciences and the Law*: 26:253-269.
22. Saeed SA. (2006). New Horizons for Psychiatrists in Administration and Management. Springer: [Psychiatric Quarterly](#) 77:307-308
23. Saeed, SA (2006). Mental Health Parity: A Decade after the Mental Health Parity Act of 1996. *Psychiatrist Administrator*: Vol. 6, Number 2, 2006, pp 23-27.
24. McGinty KL., Saeed SA, Simmons SC, and Yildirim Y. (2006) Telepsychiatry and e-Mental Health Services: Potential for Improving Access to Mental Health Care. Springer: [Psychiatric Quarterly](#) 77:335-342.
25. Bloch RM, Saeed SA, Rivard JC, and Rausch C. (2006). Lessons Learned in Implementing Evidence-Based Practices: Implications for Psychiatric Administrators. Springer: [Psychiatric Quarterly](#) 77-309-318
26. Saeed, SA (2006). Moving Towards Operationalizing Recovery. *Psychiatrist Administrator*: Vol. 6, Number 1, 2006, pp 3-4.
27. Saeed, SA (2005). Transforming Mental Health Care in America: The Federal Action Agenda. *Psychiatrist Administrator*: Vol. 5, Number 2, 2005, pp 27-28.
28. Simmons, SC; Eccleston, A; Saeed, SA; Leonhardt, GG; Lancaster, M. (2005). The Need for Telepsychiatry and e-Mental Health in Publicly Funded Mental Health Systems. *Psychiatrist Administrator*: Vol. 5, Number 2, 2005, pp 30-35.

## SCIENTIFIC ABSTRACTS

1. Saeed SA, Buwalda VJA, Roca RP, Sharfstein SS. (2016). Role of Leadership in Narrowing the Gap Between Science and Practice: Improving Treatment Outcomes at the Systems' Level. Presented at IPS: The Mental Health Services Conference October. 6-9, 2016, Washington D.C. Program proceedings available at: <https://www.psychiatry.org/psychiatrists/meetings/ips-the-mental-health-services-conference>. *Abstract*.
2. Merlino J. Saeed SA (Chair), Mohyuddin F, Aggarwal N, Moffic HS. (2016). Current Challenges and Opportunities in Psychiatric Administration and Leadership. Presented at the American Psychiatric Association Annual Meeting, May 14-18, 2016, Atlanta, Georgia. *Abstract*.
3. Saeed, S. A. (2016). North Carolina Statewide Telepsychiatry Program: Using Telepsychiatry to Improve Access to Evidence-Based Care. Presented in *Shaping the Future of Healthcare through Innovation and Technology*. 24th European Congress of Psychiatry, Madrid, Spain, March 15, 2016. Program proceedings available at: <http://www.epa-congress.org/presentation/abstract-book>. *Abstract*.
4. Saeed, S. A. (2015). *Innovations in the Emergency Department-Based Care of the Mentally Ill*. American College of Emergency Physicians Annual Meeting, Boston, Massachusetts, October 25, 2015. *Abstract*.
5. Buwalda, V., Saeed, S. A., Beezhold, J, Talbott, J. (2015). *Administrative Psychiatry: A Worldwide Perspective*. American Psychiatric Association Annual Meeting, Toronto, Canada, May 19, 2015. *Abstract*.
6. Saeed, SA (2013). Science to Practice: Role of the Leadership in Narrowing the Gap. Administrative Psychiatry Award Lecture presented at the 166<sup>th</sup> Annual Meeting of the American Psychiatric Association, San Francisco, CA, May 18-22, 2013. Syllabus and Proceedings Summary. *Abstract*.
7. Russakoff, L.M.; Saeed, S.A.; Lazarus A; Hepburn, B.M.; Weisser, L; (2008). From Bedside to Balance Sheet: The Many Faces of Administrative Psychiatry? A workshop presented at the 161<sup>st</sup> Annual Meeting of the American Psychiatric Association, Washington DC, May 3-8, 2008. Syllabus and Proceedings Summary, pp.224. *Abstract*.
8. Herman, B.K.; Lazarus, A.L.; Russakoff, L.M.; Saeed, S.A. (2008). Theory, human resources, and fiscal management. In Basic Concepts in Administrative Psychiatry. A daylong course presented at the 161<sup>st</sup> Annual Meeting of the American Psychiatric Association, Washington DC, May 3-8, 2007. Syllabus and Proceedings Summary. *Abstract*
9. Russakoff, L.M.; Saeed, S.A.; Hepburn, B.M.; Weisser, L; (2007). Mental Health Transformation: Is it for Real? A workshop presented at the 160<sup>th</sup> Annual Meeting of the American Psychiatric Association, San Diego, California, May 19-24, 2007. Syllabus and Proceedings Summary, pp.223. *Abstract*.
10. Hatti, S; Russakoff, L.M.; Saeed, S.A.; Lazarus, A.; Herman, B.K.; Silver, S.B.(2007). Theory, human resources, and fiscal management. In Basic Concepts in Administrative

Psychiatry. A daylong course presented at the 60<sup>th</sup> Annual Meeting of the American Psychiatric Association, San Diego, California, May 19-24, 2007. CME Course Brochure, pp.11. *Abstract*.

11. Saeed, S.A.; Weisser, L; Lazarus, A; Patel, S; (2006). Doing More with Less: Challenges and Rewards of Becoming a Psychiatrist Executive! A workshop presented at the 159<sup>th</sup> Annual Meeting of the American Psychiatric Association, Toronto, Canada, May 20-25, 2006. Syllabus and Proceedings Summary, pp.299. *Abstract*.
12. Hatti, S; Russakoff, L.M.; Saeed, S.A.; Lazarus, A. (2006). Theory, human resources, and fiscal management. In Basic Concepts in Administrative Psychiatry. A daylong course presented at the 159<sup>th</sup> Annual Meeting of the American Psychiatric Association, Toronto, Canada, May 20-25, 2006. CME Course Brochure, pp.10. *Abstract*.
13. Silver, S.B.; Saeed, S.A.; Fichtner C.G.; Juthani, N; (2005). Psychiatric Leadership: Putting Out Fires and Beyond! A workshop presented at the 158<sup>th</sup> Annual Meeting of the American Psychiatric Association, Atlanta, Georgia, May 21-26, 2005. Syllabus and Proceedings Summary, pp.238. *Abstract*.

## **SCIENTIFIC POSTERS**

1. Saeed SA; Davies S; Taczozza G; Jones K; Cooper BP (2015). North Carolina Statewide Telepsychiatry Program (NC-STeP): Using Telepsychiatry to Improve Access to Evidence-Based Care. Poster presented at the Mid-Atlantic Telehealth Resource Center (MATRC) 2015 Annual Telehealth Summit, White Sulphur Springs, West Virginia, March 29-31, 2015. *Abstract*.
2. Stanciu C; Penders T; Saeed SA (2014). Bright Light Therapy as Augmentation of Pharmacotherapy for Treatment of Depression- A Meta-analysis. Poster presented at the Annual Meeting of the North Carolina Psychiatric Association, Wrightsville Beach, NC, September 25-28, 2007. *Abstract*.
3. Yildirim Y; Saeed, S.A. (2008). Needs Assessment, Implementation and Evaluation in Mental Health Policies and Services. Poster presented at the American Psychiatric Association's 60<sup>th</sup> Institute on Psychiatric Services, Chicago, Illinois, October 2-5, 2008. Syllabus and Proceedings Summary. *Abstract*.

## **SELECTED INVITED PROFESSIONAL EDUCATION PROGRAMS AND PRESENTATIONS**

1. Saeed, S.A. (2020). Using Telehealth to Bridge Social Distancing During the COVID-19 Pandemic. Statewide live webinar organized by Eastern AHEC, April 28 and May 20, 2020.
2. Saeed, S.A. (2020). Ensuring Access, Quality, and Availability of Psychiatric Services During and After the Pandemic. Presented at the NC General Assembly House Select Committee, Health Care Working Group, April 14, 2020, via videoconference.
3. Saeed, S.A. (2020). Building a Statewide Telepsychiatry Network: NC-STeP Experience. Presented at the 2nd annual ECU/UNC NC Teledentistry Symposium, Durham, NC, March 6, 2020.
4. Saeed, S.A. (2020). Using Telepsychiatry and Health Technologies to Provide Evidence-Based Care. 2 Part Webinar provided for APRN RURAL Scholar HHRSA Grant, February 4 and 11, 2020.
5. Saeed, S.A. (2020). North Carolina Statewide Telepsychiatry Program: Using Telepsychiatry to Provide Evidence-Based Care. NC HIMSS Winter meeting, Greensboro, NC, January 30, 2020.
6. Saeed, S.A. (2019). Using Telepsychiatry to Reduce Emergency Departments' Length of Stay. Presented at the NCHICA 25th Annual Conference, Winston-Salem, NC, September 16, 2019.
7. Saeed, S.A. (2019). Presenting at the Duke EMBA HSM Seminar Team: Discussions on Telepsychiatry with Healthcare Leaders. Duke University, the Fuqua School of Business, Durham, September 10, 2019.
8. Saeed, S.A. (2019). Using Telepsychiatry to Reduce Emergency Departments' Length of Stay and Enhancing Value: 5- Years' Experience of the North Carolina Statewide Telepsychiatry Program (NC-STeP). Presented at the 3<sup>rd</sup> National Telehealth Summit, Miami, May 2019.
9. Saeed, S.A. (2019). Using Telepsychiatry to Provide Evidence-Based Mental Health Care. Presented Weill Cornell Medicine | New York-Presbyterian, New York, April 2019
10. Saeed, S.A. (2019). Using Telehealth to Enhance Access to Evidence-Based Care. Keynote address at the NC Rural Health Leadership Alliance's Regional Telehealth Summit. Wilmington, NC. January 18, 2019
11. Saeed, S.A. (2018). Telepsychiatry: A New Way of Delivering Behavioral Health Services. North Carolina Medical Society, Webinar, October 16, 2018.
12. Saeed, SA, and Buwalda VJ (2018). The Bridge Between Administrative Psychiatry and Research on Outcome Measurement and New Technology. Presented at the American Psychiatric Association Annual Meeting, May 7, 2018, New York, NY.

13. Saeed, S.A. (2018). Using Telepsychiatry to Provide Evidence-Based Psychiatric Care: An Update on the North Carolina Statewide Telepsychiatry Program. Presented Grand Rounds, Wake Forest University School of Medicine, Winston-Salem, NC, February 28, 2018.
14. Saeed, S.A. (2017). Provider shortage and the North Carolina Statewide Telepsychiatry Program. Presented at the UNC Kenan-Flagler Business School 7th Annual Healthcare Conference, Chapel Hill NC, November 17, 2017.
15. Breland-Noble, AM; Saeed, SA; Briggs, R; Gorman, KC. Behavioral Health: The Next Frontier in Pediatric Care. The US News and World Reports' the Healthcare of Tomorrow summit, Washington DC, November 2, 2017.
16. Saeed, S.A. (2017). Replicating North Carolina Statewide Telepsychiatry Program. Presented at the Avera e-Care, September 12, 2017, Sioux Falls, SD.
17. Saeed, S.A. (2017). Expanding North Carolina Statewide Telepsychiatry Program into Community-Based Settings. Presented at the NC Association of Local Health Directors, August 16, 2017, Raleigh, NC.
18. Saeed, S.A. (2017). North Carolina Statewide Telepsychiatry Program. Presented at the NC Bar Association's Health Law Section's Annual Meeting, April 28, 2017, Raleigh, NC.
19. Saeed, SA. (2016). Establishing and Sustaining a Statewide Program: NC-STeP Experience. Presented at IPS: The Mental Health Services Conference October 8, 2016, Washington D.C.
20. Saeed S.A. (2016). Role of Leadership in Narrowing the Gap Between Science and Practice: Improving Treatment Outcomes at the Systems' Level. Presented at IPS: The Mental Health Services Conference October 6, 2016, Washington D.C.
21. Saeed, S.A. (2016). Statewide Telepsychiatry Program. Presented at the North Carolina Digital Government Summit. August 31, 2016, Raleigh, North Carolina.
22. Saeed, S.A. (2016). Enhancing Access and Quality of Psychiatric Care to Patients Presenting in Emergency Departments Across the State: NC-STeP Experience. Presented Grand Rounds at Central Regional Hospital. June 16, 2016, Butner, North Carolina.
23. Saeed, S.A. (2016). Enhancing Access and Quality of Psychiatric Care to Patients Presenting in Emergency Departments Across the State: NC-STeP Experience. Presented Grand Rounds at Duke University, June 16, 2016, Durham, North Carolina.
24. Saeed, S.A. (2016). Current Challenges and Opportunities in Psychiatric Administration and Leadership. Presented at the American Psychiatric Association Annual Meeting, May 16, 2016, Atlanta, Georgia.

25. Schwarting, K.; Saeed, S.A.; Mutrux, R.E. Successes and Lessons Learned from State-Funded Telehealth Initiatives. Presented at the MATRC 2016 Telehealth Summit, Cambridge, Maryland. April 11, 2016.
26. Saeed, S.A. Spotlight on Innovation: NC-STeP. Invited presentation at the White House Rural Council Convening on Telehealth, Washington DC. March 30, 2016.
27. Saeed, S.A. Shaping the Future of Healthcare through Innovation and Technology. Presented at the 24th European Congress of Psychiatry, Madrid, Spain. Via Videoconferencing. March 15, 2016.
28. Saeed, S.A. NC-STeP: Using Telepsychiatry to Provide Evidence-Based Care. Presented Grand Rounds at the Saint Elizabeth's Hospital-DBH, Washington DC. February 10, 2016.
29. Saeed, S. A. Setting Up a Telehealth Clinical Practice. Presented NC-STeP at the NC Academy of Family Physicians (NCAFP). Asheville, NC. December 4, 2015.
30. Saeed, S. A. Innovations in the Emergency Department-Based Care of the Mentally Ill. Presented at the 2015 American College of Emergency Physicians Annual Meeting. Boston, October 25, 2015.
31. Saeed, S. A. North Carolina Statewide Telepsychiatry Program. Presented at the Medicaid Evidence-Based Decisions Project (MED) Conference. Center for Evidence-Based Policy, Oregon Health Sciences University. Portland, Oregon. October 15, 2015.
32. Saeed, S. A. Using Telehealth at the Global Level for the Employee Assistance Programs. Presented on Telepsychiatry and NC-STeP for an international audience. Workplace Options. Raleigh, October 6, 2015.
33. Saeed, S. A. An Update on the Status of the North Carolina Statewide Telepsychiatry Program-2015. Presented at the NC Psychiatric Association Annual Meeting & Scientific Session. Winston-Salem. October 3, 2015.
34. Saeed, S. A. Using Telehealth to Care for the Underserved. Presented at the North Carolina Institute of Medicine (NCIOM) Task Force on Mental Health and Substance Abuse- Cross-Cutting Working Group, Morrisville, NC. August 14, 2015.
35. Saeed, S. A. Using Telepsychiatry to Provide Evidence-Based Care to Underserved Populations in Rural America. Presented at the State Offices of Rural Health (SORH) Regional Partnership Meeting. Wilmington, NC. July 29, 2015.
36. Saeed, S. A. An Update on the North Carolina Statewide Telepsychiatry Program. Presented at the NCHICA CIO/CMIO Roundtable. Research Triangle Park, Durham, NC. July 8, 2015.
37. Buwalda, V; Saeed, SA; Talbott, J. Administrative Psychiatry: A Worldwide Perspective. Presented at the Annual Meeting of the American Psychiatric Association, Toronto, Canada. May 19, 2015.

38. Saeed, S.A. Podcast on Telepsychiatry with the Urgent Matters- Office for Clinical Practice Innovation-School of Medicine and Health Sciences-The George Washington University. February 10, 2015.
39. Saeed, S. A. *The North Carolina Statewide Telepsychiatry Program*. Presented at the Duke Health Informatics Research Seminar. Via Videoconferencing. February 4, 2015.
40. Saeed, S. A. *An Update on the Status of the North Carolina Statewide Telepsychiatry Program*. Presented to the Health Sciences Committee of the Board of Trustees of the East Carolina University, Greenville, North Carolina. November 20, 2014.
41. Saeed, S.A. *North Carolina Statewide Telepsychiatry Program: 2013-2014 Update*. Presented to the North Carolina General Assembly's Joint Legislative Oversight Committee on Health and Human Services, Raleigh, NC, October 14, 2014.
42. Saeed, S. A. *North Carolina Statewide Telepsychiatry Program (NC-STeP): Using Telepsychiatry to Improve Access to Evidence-Based Care*. Presented at the National AHEC Organization Conference, Charlotte, North Carolina, July 9, 2014.
43. Saeed, S. A. *North Carolina Statewide Telepsychiatry Program*. An update provided to the legislators at the Legislative Oversight Committee, Legislative Office Building, Raleigh North Carolina, February 24, 2014.
44. Saeed, S. A. *Using Telepsychiatry to Improve Access to Evidence-Based Care*. Presented at the Clinical Updates Conference, the McKimmon Center, Raleigh, North Carolina, February 20, 2014.
45. Saeed, S. A. *NC-STeP- The North Carolina Statewide Telepsychiatry Program*. Presented via VISIONS Network to AHEC Mental Health Director, Greenville, North Carolina. January 14, 2014.
46. Saeed, S. A. *NC-STeP- The North Carolina Statewide Telepsychiatry Program*. Presented to the Health Sciences Committee of the Board of Trustees of the East Carolina University, Greenville, North Carolina. November 21, 2013.
47. Saeed, SA. *Science to Practice: Role of the Leadership in Narrowing the Gap*. Administrative Psychiatry Award Lecture presented at the 166<sup>th</sup> Annual Meeting of the American Psychiatric Association, San Francisco, CA. May 18, 2013.
48. Saeed, S. A. *Living in the Information Age: Relevance of Evidence-Based Practice to Lifelong Learning*. Presented, via videoconference from Brody School of Medicine at ECU, to the faculty and medical Students of Moldova University of Medical Sciences, Moldova. March 16, 2010.
49. Saeed, S.A.; Rosenberg, M; Kupecki, M.; Salacki, K.; Rodgers, C.; Savidge, T.; Villarreal, *Creative Collaborations to Respond to Crisis: ECU-ECBH-Beacon Center Walk-In and Telepsychiatry Collaboration*. Presented at the Annual Meeting of the North Carolina Council of Community Programs. Pinehurst, North Carolina. December 3, 2009.



50. Saeed, S.A.; Pender, T.; Manuel, C. Saeed, M.; Lang, M.; Jonnalagadda, V. Psychiatric Emergencies: Best Practices in the Assessment and Management of the Patient in Crisis. Presented at the Eastern AHEC Edwin W. Monroe Conference Center, East Carolina University, Greenville, North Carolina. May 5, 2009.
51. Saeed, S.A. Restoring Mental Health Services in Rural NC: Challenges and Opportunities. Presented at the Annual Meeting of the North Carolina Council of Community Programs. Pinehurst, North Carolina. December 10, 2008.
52. Saeed, S.A. Serving Eastern NC in the Midst of Mental Health Transformation: Challenges and Opportunities. Presented at the Annual Meeting of the North Carolina Council of Community Programs. Pinehurst, North Carolina. December 11, 2007.
53. Saeed, S.A. Telepsychiatry and e-Mental Health Services: Improving Access to Mental Health Care. Presented at the Scientific Session of the Annual Meeting of the North Carolina Psychiatric Association, Wrightsville Beach, NC. September 7, 2007.
54. Saeed, S. A. Telepsychiatry and e-Mental Health in Public Mental Health Systems. Presented at the Annual Meeting of the North Carolina Council of Community Programs. Pinehurst, North Carolina. November 30, 2005.
55. Saeed, SA (Chair), Ausherman, CA, Manuel, C., Longest, S. Evidenced Based Practices in Anxiety Disorders: Diagnosis and Treatment Strategies. Presented at the Eastern AHEC, Edwin W. Monroe Conference Center, East Carolina University, Greenville, North Carolina. November 8, 2005.
56. Saeed, S. A. Bipolar Disorders: An Update on the Current Best Evidence for the Primary Care Physician. Brody School of Medicine CME Conference at the Atlantic Beach, North Carolina. October 21, 2005.
57. Saeed, S. A.; Lancaster, M. Mental Health Reform: Challenges and Opportunities. Presented at the Cherry Hospital Annual symposium, Wilmington, North Carolina. August 26, 2005.
58. Saeed, S. A. Evidence-Based Practices for Treatment of Adults with Severe Mental Illness: Medication Guidelines and Algorithms in Psychiatry. Invited speaker at the *Psychiatric Practice Essentials*, North Carolina Psychiatric Association, Chapel Hill, North Carolina. February 18, 2005.
59. Building a Sophisticated and Vertically Integrated System for Care for People with Severe and Persistent Mental Illness: Challenges and Opportunities. Presented at Edwin W. Monroe AHEC Conference Center, East Carolina University, Greenville, North Carolina. November 23, 2004.